Dear Parents and Friends,

Welcome to the final term of the 2016 school year. It seems like a long time since the last newsletter with the holidays in between. I hope you all managed to get some rest and enjoy the two sunny days of the holidays! This term promises to be busy with photos, performances, Sports Day, the Penola Show and then the concert and end-of-year activities. With so much on, we will be doing our best to ensure that we communicate with parents as best possible about events. This will be done via newsletter, email and using our Facebook page. If you are ever unsure of anything or would like further information, please don’t hesitate to contact the front office, your child’s teacher or myself.

We would like to welcome Tyrece Jackson to our school. Tyrece has come from southern Adelaide and will be in Ms Lear’s Year 4/5 class.

World Teachers’ Day

Today is World Teachers’ Day and I thought it would be a great opportunity to thank all the fantastic teaching staff at our school. They do what they do not for accolades, but because they genuinely want to make a difference for our young people. I am sure the community is very grateful for all the work you do. Happy World Teachers’ Day!

Choir

Congratulations to our choir which did a fantastic job last night performing at the Sir Robert Helpmann Theatre. It was great to see such a large contingent from Penola PS. Well done also to all our wonderful soloists, Ava Copping, Grace DeGaris and Breanna Lythgo who performed last night and Emily Timms who performed very well on Tuesday night. Thank you to Nicole Lear who has put in a lot of time and effort into ensuring our choir is well trained and had a big presence at the concerts.

Staff Movements

The staffing process for 2017 has begun. There will be a number of changes in 2017 due to staff moving or not returning. The staff leaving us will be:

- Jamie Gladstone who will be returning to Adelaide as she has taken up a contract position at St Andrews School in Walkerville.
- Bonnie O’Brien, who has been filling in for Karmel Finch, has decided to pursue other interests and will not be taking up a teaching contract.
- Julie Hogg who has decided to retire from teaching after a long and distinguished career.
- Merran Jolley who will be moving to Langhorne Creek.
for family reasons.

- Regan Wood who will be moving to NSW with her partner for work purposes.

We will lose a number of years experience and high quality educators and it will be sad to see them go. We thank them for their commitment and dedication to students at Penola PS. We wish them all the best in their future endeavours.

Whilst it is disappointing to lose so many experienced teachers, this gives us the opportunity to bring in new people with new ideas to continually improve what we do at our school. The process for filling these vacancies has begun and we will be doing everything we can to ensure that we recruit the best possible replacements for these positions.

**Sports Day**

We look forward to another great Sports Day next Friday. Hopefully the sun will make its way out and be a pleasant day for all involved.

Just a quick reminder that parents are requested to only take photos and videos of their own children. No photos are to be posted on social media unless it is of your child/ren only.

This year, the house team spirit event will be renamed the Max Croser Team Spirit Event which typifies Max’s spirit and the battles he goes through each day. The house that is selected by staff as showing the most team spirit will also be awarded 10 points to go towards their total score.

Thank you to all those parents who have so far returned notes regarding helping out on the Parent Club Stall and donating goods. If you are able to help in any way please return the form to the office by next Wednesday. A program for the day was sent home yesterday.

**University of NSW Competitions**

We have received the last batch of results for the UNSW Competitions, this time English and Maths. At the last assembly we presented the Merit (top 40% of entrants), Credit (top 25%), Distinction (top 10%) and High Distinction (top 1%) certificates. See the table on right for winners.

The nature of the competition means that the questions are very challenging. The students are competing against students all over Australia and seem to be getting more difficult each year. We have included some examples for you to try.

<table>
<thead>
<tr>
<th>English</th>
<th>Year</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mia Gartner</td>
<td>Yr 2</td>
<td>Merit</td>
</tr>
<tr>
<td>Lucy Lambert</td>
<td>Yr 2</td>
<td>Distinction</td>
</tr>
<tr>
<td>Abbey Gerritsen</td>
<td>Yr 3</td>
<td>Credit</td>
</tr>
<tr>
<td>Fred Grey-Smith</td>
<td>Yr 3</td>
<td>Distinction</td>
</tr>
<tr>
<td>Rosie Moorhouse</td>
<td>Yr 3</td>
<td>Credit</td>
</tr>
<tr>
<td>Emily Fraser*</td>
<td>Yr 4</td>
<td>Distinction</td>
</tr>
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<td>Tom Moorhouse</td>
<td>Yr 5</td>
<td>Credit</td>
</tr>
<tr>
<td>Ruby Black</td>
<td>Yr 6</td>
<td>Credit</td>
</tr>
<tr>
<td>Annie Pollard</td>
<td>Yr 7</td>
<td>Merit</td>
</tr>
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<table>
<thead>
<tr>
<th>Maths</th>
<th>Year</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mia Gartner</td>
<td>Yr 2</td>
<td>Credit</td>
</tr>
<tr>
<td>William Perry</td>
<td>Yr 2</td>
<td>Credit</td>
</tr>
<tr>
<td>Finn Skeer</td>
<td>Yr 2</td>
<td>Credit</td>
</tr>
<tr>
<td>Fred Grey-Smith</td>
<td>Yr 3</td>
<td>Merit</td>
</tr>
<tr>
<td>Emily Fraser</td>
<td>Yr 4</td>
<td>Credit</td>
</tr>
<tr>
<td>Seamus Jolley</td>
<td>Yr 4</td>
<td>Credit</td>
</tr>
<tr>
<td>Stella O’Brien</td>
<td>Yr 4</td>
<td>Distinction</td>
</tr>
<tr>
<td>Tom Moorhouse</td>
<td>Yr 5</td>
<td>Credit</td>
</tr>
<tr>
<td>Majella Powell</td>
<td>Yr 5</td>
<td>Merit</td>
</tr>
<tr>
<td>Mia Crewe</td>
<td>Yr 6</td>
<td>Merit</td>
</tr>
<tr>
<td>Lachlan Croser</td>
<td>Yr 6</td>
<td>Credit</td>
</tr>
<tr>
<td>Hugo Balnaves</td>
<td>Yr 7</td>
<td>Merit</td>
</tr>
<tr>
<td>Angus Croser</td>
<td>Yr 7</td>
<td>Credit</td>
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<tr>
<td>Hamish Hamilton</td>
<td>Yr 7</td>
<td>Credit</td>
</tr>
<tr>
<td>Ella Hutchesson</td>
<td>Yr 7</td>
<td>Credit</td>
</tr>
<tr>
<td>Dylan Morton*</td>
<td>Yr 7</td>
<td>Distinction</td>
</tr>
</tbody>
</table>

*Principal’s Award
UNSW Maths Example Questions

Year 3
1. Jim's teacher asked the class to follow these steps:
   - Write down a two-digit number
   - Reverse the digits to make another two-digit number
   - Add the numbers together
Sasi's number was 21
She correctly calculated 21 + 12 = 33
Jim's number was the smallest two-digit number that did NOT give a sum with all digits the same. Which of these was Jim's number?
A) 19
B) 17
C) 15
D) 10

Year 5
2. Manu uses only the digits 2 and 5 to make different three-digit numbers. For example 252 and 222 are two possible numbers. What is the sum of all Manu's possible three-digit numbers?
A) 1554
B) 1779
C) 2331
D) 3108

3. Jane was in a sailing race. She sailed south-west from the start. Jane then made a quarter turn anti-clockwise and sailed the same distance to the finish.
Which statement is true?
A) The start was east of the finish
B) The start was west of the finish
C) The finish was south of the start
D) The finish was north of the start

Year 7
4. Anjali wanted to make the colour purple using different amounts of red, green and blue as shown.

<table>
<thead>
<tr>
<th>Red</th>
<th>Green</th>
<th>Blue</th>
</tr>
</thead>
<tbody>
<tr>
<td>149</td>
<td>61</td>
<td>126</td>
</tr>
</tbody>
</table>

Instead of using a decimal number, each colour code requires a hexadecimal number. There are 16 digits in the system so the letters A to F are used.
A = 10, B = 11, ..., F = 15
What is the hexadecimal number for the amount of red needed to make purple?

Spelling and Grammar Strategy of the Week

The letter ‘g’

The letter g is a consonant and it has two sounds /g/ and /j/:
‘g’ may say /j/ when followed by an e, i or y
  gene
  gym
  imagine
This strategy helps when reading and spelling words that use g.
(Sourced from www.learningmadeeasier.com.au)

A) AB
B) 9E
C) 95
D) E9

5. Billy and his grandmother, Oma, have the same birthday. From age 1-6, Billy's age divided exactly into Oma's age. The next year, Billy's age did not divide exactly into Oma's age. How old was Oma when Billy was 7?

SAPSASA
Congratulations to Taj Messenger who has been selected in the State Athletics Team. Taj will travel to Sydney to represent South Australia in the national titles in November. Taj is the 4th Penola Primary School student to win state selection this year, along with Georgia Winter (Basketball), Jake Klemm (Softball), and Lucy Sharman who captained the state Under 13 Hockey Team which finished third in the recent national titles in Perth.

Email
Following the blackout, there have been some issues with the DECD email server delivering emails to external addresses, particularly to Bigpond accounts. You may have received emails from the school that don't have attachments and are all letters and
numbers. As a result all families will receive a hard copy of this newsletter. Telstra is working to rectify the problem.

**Uniforms**
The start of the year is always a rush for new uniforms as students realise they don’t fit into the old ones or new students are getting uniforms for the first time.
To avoid missing out, the Parent Club arrange a pre-order. The form is on the back of this newsletter or available from the front office. You do not need to include any payment at this stage. When the order comes in, it will be neatly packaged and ready for you to pay and pick up at the end of this year or early next year. Once ordered, you are not obligated to purchase in case you change your mind or need different sizes.
We ask that all pre-order forms are returned to the front office by Friday 11th November.

**Bus Safety and Car Parking on Young Street**
At a recent bus meeting, the issue of safety around buses was brought up. Whilst it is still legal to do so, the bus drivers would like to seriously discourage parents from parking on Young Street, particularly on the Eastern side. This street is the designated bus area and parents are encouraged to use Riddoch Street or Arthur Street. It is extremely difficult for buses to pass through the narrow street with cars there, and it is not safe for children to be crossing in front of buses.
This has been endorsed by the Governing Council, who will be advocating that cars not be allowed to park on the Eastern side of Young Street. (as shown by the red line)

**Musica Viva**
Last Tuesday we were entertained by Adam Page from Musica Viva. He demonstrated how you can make music with loops using almost anything as an instrument—including his beard!

**Parents in Education Week**
Recently, DECD held a Parents in Education week. This included running a workshop down in Mount Gambier for Parents with special guest Michael Fuller, who is a highly regarded child psychologist. I have got a few of the handouts from the day which I will publish over the next few newsletters and in the next Principal’s corner.
Look out for the first article on *Creating Resilient Families* at the back of this newsletter.

**Canteen**
Slushies and all other cold treats have returned to the canteen this term, much to the excitement of the students. The classes who are yet to have their turn for Milkshake orders have not been forgotten. Once the Festival of Sports is out of the way, milkshakes
Penola Amateur Swimming Season starts Tuesday 8th November 2016
At the Penola Swimming Pool
Training times: Intermediate 5.30-6pm, Competitive 6pm-7pm
Current and new swimmers welcome.
Training programmes for all age groups.

Any interest please contact Cindy Hutchesson for more details at cindylea@dodo.com.au or 0438372035
Information and membership registration packs available to be emailed out.
Morning Lap swimming available for Adults $2 per swim (No membership required) Please contact Stuart Sharman on 0411241891

Tea Towel Orders
The SRC are still taking orders for tea towels. These tea towels are a unique and practical way to have memorabilia from your child’s school days.

Only $15, extra order forms are available from the front office. These need to be returned by Wednesday 9th November.

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Creating Resilient Families

1. **My child leaves a favourite toy outside overnight. The next morning, the toy is gone and my child is crying. I would:**
   a. Tell my child, "I told you so."
   b. Begin by empathizing with their unhappiness and saying, "I know you're upset that the toy is gone".
   c. Buy them another toy.

2. **When my child disagrees with me, it appears that her goal is to seek revenge. When this happens, I should:**
   a. Ignore her anger.
   b. Allow her to rant until she runs out of steam.
   c. Acknowledge her anger but not change my decision.

3. **Which of the following will help children feel loved, special, and appreciated?**
   a. Creating traditions, family rituals and special times with them.
   b. Making certain to not miss significant events.
   c. Accepting your children for who they are.

4. **What's the best way to deal with mistakes:**
   a. Serve as a model for dealing with mistakes and setbacks.
   b. Teach your children that mistakes are to be avoided.
   c. Lower your expectations.

5. **Your child tells you that she feels ugly and fat. Your first response should be:**
   a. "But, you’re not ugly and fat."
   b. "I know you feel that way. I’m not certain why you do but maybe we can figure out what will help you feel better."
   c. "If you keep feeling that way, no one will want to be with you."

6. **When your children are successful at a task, you can reinforce a resilient mindset by saying:**
   a. "Well done that was good luck".
   b. "It was great to see how you figured that out."
   c. "Now that you see you can succeed, you shouldn't make excuses for not trying something in the future."

7. **Your child calls you on her mobile from school and says she has no friends**
   a. Leap into action and call the school.
   b. Tell her to stop being dramatic.
   c. Calmly re-assure her and say, "When we get home we'll work out about how you can make the friends that you want."

8. **Your child has left work to the last moment and wants a day off school to catch up. Do you:**
   a. Give in
   b. Insist they go to school but write an "excuse"
   c. Insist they go to school and help them word an explanation for the teacher.

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**Resilience is the happy knack of bungy jumping through the pitfalls of life.**
When tough things happen, resilience helps people to overcome these and get on with their lives.

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1. b. The ability to see the world through your children’s eyes and be empathic is essential for fostering resilience.
2. d. In this example, you can say to your child in a calm voice that you know she is angry, but
her yelling and saying you are not a good mother will not change the situation.

3. All of them.

4. a. Ask yourself what your children observe when you make mistakes. If children see their parents respond by remaining calm and seeking more effective solutions, they will be more prone to acting in the same way. Mistakes are a natural part of life for kids and grown-ups. Most mistakes serve as opportunities for learning.

5. b. When we hear our children say negative things about themselves such as that they are ugly and dumb, our first inclination is to quickly support them by telling them that they are not that way at all. However, this kind of support represents a missed opportunity. Validating what our children say does not mean we agree with them, but rather that we understand them. A parent might respond to their child’s negative statement by saying, “I know you feel ugly and fat and I’m sorry you do. I don’t see it that way and maybe we can figure out what makes you feel that way and what will help you to feel better.”

6. b. One of the characteristics of resilient kids is that they relish and take realistic credit for their successes. When mistakes and setbacks occur (as they inevitably do!) they start planning how to do better in the future.

7. c Guiding your child towards creating a solution to problems is more powerful than solving them yourself.

8. c Avoiding things almost never works. Give your child the tools to sort it out but don’t do it for them.

Created by Andrew Fuller
inyahead@satlink.com.au Ph: (03) 9894 3939
www.andrewfuller.com.au

From the DECD Parents in Education week seminar, September 2016.
Penola Primary School Uniform Order Form

This order form is to guarantee that your stock is available, no money required until pick up.
Orders will be ready to pick up by the end of the school year.

- This order form is ideal for new students and Year 6 students going to Year 7 requiring a new t-shirt for screen printing.

Prices shown are children’s sizes, please refer to price list if adult sizes are ordered.

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBC Shirts</td>
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</tr>
<tr>
<td>Short Sleeve Polo (School)</td>
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<tr>
<td>Gordon (Green)</td>
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<td>Dickson (Yellow)</td>
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<td>Woods (Red)</td>
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<td>Winter Skirts</td>
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<td>Dresses 4-16</td>
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<td>Polar Fleece Jumper</td>
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<td>Rugby Jumper</td>
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<td>Long Sleeve Polo (by order only)</td>
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<td>Skirts (by order only)</td>
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<td>Library Bags</td>
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<td>Art Smocks (5) (M) (L)</td>
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Please return form by the end of Week 4, Term 4, 11th November.

Phone Number

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